

BORYS GRINCHENKO KYIV UNIVERSITY

"APPROVED"
the decision of the Academic Council of
Borys Grinchenko Kyiv University
March 23, 2017, Minutes No. 3

**ACADEMIC PROFESSIONAL PROGRAM
017.00.01 PHYSICAL EDUCATION
THE SECOND (MASTER'S) DEGREE OF HIGHER EDUCATION**

Branch of knowledge : 01 Education / Pedagogy
Specialty: 017 Physical Education and Sports

Launched on 01.09.2017
(order from 26.05.2017 №348)

Kyiv – 2017

INTRODUCTION

There is no existing academic standard.

The Academic Professional Program (hereinafter - APP) was developed on the basis of the Law of Ukraine of 15.01.2015 №1556-VII "On Higher Education" and interim standard of Borys Grinchenko Kyiv University until an officially approved academic standard for higher education is introduced.

Developed by a project group:

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Independent Experts:

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The APP has been introduced since 2017.

The Educational Program is reviewed once in two years.

Updated:

Date of revision of APP / amendments to APP			
Signature			
APP guarantor name			

I. Profile of the Program
specialty 017 Physical Education and Sports

with elective specialization:

- Recreational Physical Culture and Fitness;
- Psychology of Physical Education and Sports.

1 – General Information	
Full name of the higher educational instruction and the structural unit	Borys Grinchenko Kyiv University Faculty of Health, Physical Education and Sports
Level of the higher education and the qualification (in original language)	degree of higher education: Master specialty: 017 Physical Culture and Sport minor: Recreational Physical Culture And Fitness; Psychology of Physical Education and Sports" educational program: 017.00.01 Physical Education educational specialization: Master of Physical Education and Sports professional specialization: 2310.2 "Teacher of higher educational establishment"
Official title of Educational Program	017.00.01 Physical Education
Type of diploma and volume of Educational Program	Master's degree, unitary, 90 ECTS credits, term of study - 1 year and 4 months
Availability of Accreditation	National Agency for Quality Assurance in Higher Education Ukraine. Term of accreditation submission: 2018.
Cycle / Level	National Qualifications Framework of Ukraine - 8th level, QF-EHEA – Second Cycle, EQF-LLL – Level 7
Prerequisites	Availability of a Bachelor's degree
Language (s) of Teaching	Ukrainian
Validity of Educational programs	2018
Internet address of the Educational program	http://kubg.edu.ua/informatsia/vstupnikam/napryami-pidgotovki/magistr.html#фізична-культура-і-спорт
2 - The Educational Program Objectives	
To provide special physical education with wide access to employment, to train teachers of physical education with in-depth knowledge of the following specializations: Recreational Physical Culture and Fitness; Psychology of Physical Education and Sports.	
3 - Characteristics of the Educational Program	
Subject area	Subject field: 01 Education / Pedagogy; specialty: 017 - Physical culture and sport; specialization: Recreational Physical Culture And Fitness / Psychology of Physical Education and Sports Objects of study and activity: providing people with organized motor activity for their harmonious physical development and healthy lifestyle. Objectives of training (expected application of acquired competencies) - the formation of the ability to solve complex

	<p>specialized problems and practical issues in the process of professional activity in the field of physical culture and sports, which involves the application of relevant theories and methods and characterized by complexity and uncertainty of the conditions.</p> <p>Theoretical content of the subject area (concepts, principles and their use for facts explanation and results forecasting): knowledge of the social and humanitarian, fundamental subjects in the amount necessary for the solution of professional applied and research tasks; general theories and modern concepts of physical culture and sports; knowledge of legislative acts and regulatory documents; general theory and contemporary aspects of Olympic and professional sports; professional applied physical culture; communications in the professional field, knowledge of the basics of business foreign language; skills of teaching, upbringing and socialization of the person in institutions of higher education; fitness and health-improving technologies; psychology of physical education and sports.</p> <p>Instruments and equipment (objects / objects, devices and devices that the applicant of higher education learns to use): sports facilities; sports equipment, instruments and appliances; research equipment, technical means of training.</p> <p>The ratio of general, professional and elective components: <u>Compulsory part</u> (67 ECTS credits, 2010, 74.5%): - subjects aimed at forming general competencies (9 ECTS credits, 270 hours, 10%); - subjects aimed at forming special (professional, subject) competencies (46 ECTS credits, 1380, 51,1%); - Production (assistant / internship) practice (6 ECTS credits, 180 hours, 6,7%); - attestation - preparation and defense of the qualifying master's paper (6 ECTS credits, 180 hours, 6,7%). <u>Elective part</u> in specialized blocks of educational subjects - according to the chosen specialization (23 ECTS credits, 690 hours, 25,5%).</p>
Orientation of the Educational Program	Educational professional (for the master's degree) with the focus on training a teacher of physical education at a higher educational institution
The main focus of the Educational Program and Specialization	Special education in the field of physical culture and sports.
Features of the Program	The program gives the possibility to receive specialization: health physical fitness and fitness, psychology of physical education and sports in addition to major qualification "teacher of higher educational institution"
4 – Eligibility of graduates for employment and further education	
Employment Eligibility	Jobs in higher educational institutions and health centers. According to the current legislation, specialists may take the following primary positions: <ul style="list-style-type: none"> - Assistant, - Lecturer of Universities and Higher Educational Institutions, - Teacher of a professional educational institution, - Teacher-organizer, - Teacher of a comprehensive educational institution, - Trainer-teacher,

	<ul style="list-style-type: none"> - Senior trainer-instructor (primary school, FC, sports club) - Instructor of physical education, - Methodologist in physical culture and sports, - Instructor-methodologist of a sports school, - Director (other manager) of the enterprise, institution, physical culture and sports organization, - Manager of Sports Complex, Building, - Head of Sports Team, - Sport psychologist.
Further education	Postgraduate study in the following areas: 24.00.01 - Olympic and professional sport; 24.00.02 - Physical culture, physical education of different groups of the population; 24.00.03 - Physical rehabilitation; 13.00.02 - Theory and teaching methods (physical culture and basics of health), etc.
5 - Teaching methods and evaluation	
Teaching and education	Student-centered education, which implements democratic principles of teaching, in particular personally oriented, activity, creative approach, enforcing practical orientation. Contextual learning, problem technology teaching, interactive teaching methods, the use of distance learning tools, project implementation, production practices, writing and defense of master's paper.
Assessment	The internal quality assurance system of the University carries out continuous monitoring of the quality of educational services provided by the current and final assessment: oral examinations, credits, current module tests, practice reports; assessment according to the unified system of calculating points at the University of Grinchenko ("Regulations on the organization of educational the process of Borys Grinchenko Kyiv University"(Order dated December 15, 2017, No. 817)).
6 – Program competencies	
Integrated competency	Ability to solve complex specialized problems and practical problems in the field of physical culture and sports, characterized by complexity and incomplete certainty of conditions.
General Competences (GC)	<p>GC 1. Reflexive. Value-orientation position. Understanding significance of historical experience and European values for self-development. Maintaining the spiritual traditions of the Ukrainian people in the European cultural space. Understanding the benefits of healthy lifestyle and accepting them as own values. Understanding values and social significance of the future profession. Ability to understand and observe ethical principles while performing professional duties. Understanding the significant molding effect of the teacher's actions on the personality of the students.</p> <p>GC 2. Civil. Ability to realize the rights and obligations of a citizen of Ukraine. Ability to make conscious social choice and apply democratic decision-making technologies. Respect for the Ukrainian people, the state of Ukraine, its symbols, culture and languages. Ability to act with social responsibility and public consciousness.</p>

	<p>GC 3. Communicative. Communicative. Ability of interpersonal communication, avoiding conflicts, mutual respect. Ability to communicate effectively in Ukrainian and / or foreign languages with the correct use of professional terminology. Ability to present complex comprehensive information in a concise and understandable form for the target audience.</p> <p>GC 4. Information. Ability to use information and communication technologies to solve problems of interaction in different situations.</p> <p>GC 5. Administrative. Mastering core managerial skills and marketing strategies.</p> <p>GC 6. Self-education. Ability of self-cognitive activity, self-organization and self-development. Focus on self-realization.</p>
Professional competencies (PC)	<p>PC 1. Cognitive-analytic. Ability to understand specific values and importance of physical culture and sport in human life; Reflecting and implementing knowledge of current problems of contemporary sports, including the historical organizational aspects of Olympic and professional sports.</p> <p>PC 2. General-pedagogical. Ability to develop cognitive skills directly related to the acquisition of new knowledge, development of imagination and creativity among students; Ability to create pedagogical and psychological conditions for the process of training. Adapting and applying theoretical knowledge in various specific situations of the educational process during professional activity.</p> <p>PC 3. Special pedagogical. Implementing basic and educational methods for teaching specialization subjects of physical courses in higher education; Deep understanding and applying current information and communication technologies in physical education and sports; Implementing professional-profile knowledge to organize applied physical training for students; Possessing basic methods of organization recreational activities of different groups of the population; Ability to use modern methods of scientific research in the area of physical culture and sports.</p> <p>PC 4. Leadership. Ability to demonstrate leadership skills, including ability to communicate effectively at the highest professional level and responsibility for decision making in unpredictable conditions.</p> <p>PC 5. Organizational. Ability to solve complex specialized tasks and overcome practical problems rising during professional activity; Ability to apply knowledge of economic, legal and organizational concepts of physical culture and sports functioning in professional activities; Possessing basic skills and marketing strategies in the area of sports and mass activities.</p>
7 – Program Learning Outcomes	

	<p>PLO 1. A graduate demonstrates knowledge of education specificity as a phenomenon of culture and social institute in its historical and socio-cultural dynamics.</p> <p>PLO 2. A graduate demonstrates the ability to model the educational process, design educational curricula and syllabi in higher educational institutions, as well as planning and organizing educational, cognitive and independent activities of students in the field of physical culture and sports.</p> <p>PLO 3. Ability to create pedagogical and psychological conditions for the learning process.</p> <p>PLO 4. A graduate communicates effectively and solve problems using foreign language.</p> <p>PLO 5. Explore methods of teaching professional subjects in physical education at a high school, and also demonstrates the ability to organize students' independent work rationally and scientifically.</p> <p>PLO 6. Ability to communicate in a team and speak to the audience, participate in discussions and defend their opinion, demonstrate culture of behavior and communication.</p> <p>PLO 7. A graduate conducts comprehensive educational work (patriotic, moral, ethical, environmental, legal, economic orientation) in classes of all types.</p> <p>PLO 8. Ability to provide theoretical and practical training courses for teachers-trainers of fitness, table tennis, aqua fitness, athletics, and possessing personal training techniques.</p> <p>PLO 9 A graduate freely applies knowledge of current problems in contemporary sports, including the historical organizational aspects of Olympic and professional sports in professional activities.</p> <p>PLO 10. A graduate possesses basic organizational skills and marketing strategies for sports and mass activities.</p> <p>PLO 11. Ability to form knowledge and skills in organizing professionally applied physical training of students at universities.</p> <p>PLO 12. Demonstrates the ability to organize recreational classes and physical education for people with special needs.</p> <p>PLO 13. A graduate is relevant in organizing work in the field of physical education, sports and tourism activities.</p> <p>PLO 14. Uses research techniques to analyze phenomena in their interconnection and interdependence and to find out the regularities of their functioning in the field of physical education.</p> <p>PLO 15. Applies professionally formed knowledge of psychology of health and healthy lifestyles in professional activities.</p> <p>PLO 16. A graduate demonstrates the ability to form the concept of a healthy lifestyle, self-control skills, rational nutrition, and hardening.</p> <p>PLO 17. Ability to carry out psychological support for the professional activity of an athlete and trainer.</p>
8 – Resource support for the Program Implementation	
Staff support	The Educational Program staff includes the scientific - teaching staff of the Departments of Physical Education and Sports Pedagogy; Sports and Fitness Faculty of Health, Physical Education and Sports. To teach certain subjects in accordance with their competence and experience, the teaching staff of the Theories and History of Pedagogy Department

	<p>of the Pedagogical Institute is involved. General, age and pedagogical psychology is provided by the Institute of Human Studies; Philosophy is taught by lecturers of the Faculty of History and Philosophy. Department of English Language for Faculty of Law and International Relations is also involved in educational process.</p> <p>The practice-oriented nature of the program involves a broad participation of practitioners who are in line with the program's focus, which enhances synergy between theoretical and practical training.</p> <p>The Head of the project team and the teaching staff, which ensures its implementation, meets the requirements specified by the Licensing Conditions for conducting educational activities of educational institutions.</p>
Resources and technical support	<p>Training specialists for APP is carried out mainly on the basis of the Faculty of Health, Physical Education and Sports (Kyiv, Tymoshenko Street, 13-B). Specially equipped centers of competency development in a sports complex consisting of 3 sports halls and a swimming pool, namely:</p> <ol style="list-style-type: none"> 1) 25-meter swimming pool (equipment for activities: board for swimming, tusks, fins, calabashes, water pipes, hydro-brakes, rubber, vanes, swimming paddles); 2) Gymnasium (equipment for classes: rubber expanders, gymnastic sticks and hoops, rope racks, a Swedish wall with a crossbar, ground pads, tatami, soccer balls, med balls (3 kg and 5 kg), step-platforms); 3) Gym (equipment for activities: exercise bikes, power trainers, free encumbrances (dumbbells, bars)); 4) Game room (equipment for the ball games: football, volleyball, basketball, handball, football gates, basketball shields, volleyball net, tennis tables, tennis rackets and balls, badminton racquets and volleys). <p>The University employs 71 interactive and 6 mobile lecture complexes, 2 studios for the study of foreign languages at 32 places.</p>
Information and educational support	<p>Providing students with textbooks, manuals, reference books and other educational literature meets the accreditation requirements (at least one textbook for three full-time students according to the list of basic literature) and is 100%. The subject of the curriculum is fully equipped with the necessary literature. In the process of professional training, the resources of the institutional repository, library electronic resources, electronic scientific editions, electronic educational courses with the possibility of distance learning and independent work, teaching aids, video resources are effectively used.</p>
9 – Academic mobility	
National credit mobility	-
International credit mobility	<p>The Regulations on the procedure for exercising the right to academic mobility of the participants of the educational process of the University were put into effect by order dated September 30, 2016. Agreements were envisaged that stipulate student mobility with universities of European countries and within the framework of the Erasmus + CA1 program. Among them:</p> <ul style="list-style-type: none"> - Warner Pacific College (USA); - Ariel University (Israel); - Athens University of Kapodistria (Greece); - University of Foggia (Italy); - University of Granada (Spain);

	<ul style="list-style-type: none"> - University of Girona (Spain); - University of Lisbon (Portugal); - Lithuanian University of Sports (Lithuania); - University of Nicholas Romeris (Lithuania); - Lithuanian University of Educational Sciences (Lithuania); - Daugavpils University (Latvia); - University of Ostrava (Czech Republic); - Constantine University of Philosopher in Nitra (Slovakia); - Silesian University in Katowice (Poland); - Jan Długosz Academy in Częstochowa (Poland); - Zhejiang University of Pedagogy (People's Republic of China); - Baranovichi State University (Belarus); - Kazakh Abai Pedagogical University (Kazakhstan) and others.
Foreign students education	Foreigners and / or stateless persons can apply for APP.

II. List of components of the Academic Professional Program and their logical consistency

2.1. List of components

components' order	Code e/d	Components of the Educational Program (Subjects, course projects (works), practice, qualification work)	Amount of credits	Form of final control
1	2	3	4	5
Compulsory Components of APP				
EC 1	CSG.01	Education as a social phenomenon <i>Philosophy of Education</i> <i>Sociology of Education</i>	5	exam credit
EC 2	CSG.02	Professional communication in foreign language	4	credit
EC 3	CSP.01	Acmeology in physical education	4	credit
EC 4	CSP.02	Applied technologies <i>Modern information and communication technologies in physical culture and sports (hereinafter - PC and S)</i> <i>Scientific and pedagogical research in PC and S</i>	4	credit
EC 5	CSP.03	The economic and legal aspects of PC and S.	5	credit
EC 6	CSP.04	The theory of Olympic and professional sports <i>Olympic and professional sport</i> <i>Actual problems of development of modern sports</i>	4	exam
EC 7	CSP.05	Management and marketing of tourism and sports-mass activities	6	credit
EC 8	CSP.06	Professional-Applied Physical Culture	4	credit
EC 9	CSP.07	Axiology in physical education	4	exam
EC 10	CSP.08	Theory and technology of recreational and motor activity	4	credit
EC 11	CSP.09	Pedagogy and Psychology of Higher School	5	exam
EC 12	CSP.10	Methodology of Teaching Physical Education Courses at Higher Educational Establishments	6	exam
EC 13	CP.01	Academic practice (hereinafter - AP) (assistant / internship)	6	credit

EC 14	CA.01	Preparation of master's work on theoretical, methodological and pedagogical aspects of physical education and sport	4,5	exam
EC 15	CA.02	Defense of qualifying Master paper	1,5	exam
Total amount of required components: 67 credits				
II. Elective components of APP				
elective Block 1 (specialization "Health physical fitness and fitness")				
ES 1.1	ESS.1.01	Modern health and fitness technologies <i>Fitness and teaching methods</i> <i>Athletics and teaching methods</i> <i>Aqua-fitness and training method</i> <i>Basics of personal training</i> <i>Nutrition and energizing means in physical culture and sports</i>	12	exam
ES 1.2	ESS.1.02	Management in the field of fitness services	5	exam
ES 1.3	EP.1.01	AP (by specialization / internship)	6	credit
Total amount of elective components: 23 credits				
elective Block 2 (specialization "Psychology of physical education and sport")				
ES 2.1	ESS.2.01	Psychology of health and healthy lifestyle <i>Psychology of health</i> <i>Psychology of a healthy way of life</i>	8	exam
ES 2.2	ESS.2.02	Actual problems of psychological support of PE and S. <i>Basics of psychological support of professional activity of athlete and coach</i> Gender psychology in PC and S. <i>Body-oriented directions of practical psychology</i>	9	exam
ES 2.3	EP.2.01	Academic practice (specialization / internship)	6	credit
Total amount of elective components: 23 credits				
TOTAL VOLUME OF THE PROGRAM: 90 credits				

2.2. Structural scheme

5 th Year				6 th Year
9th semester	10th semester			11th semester
Education as a social phenomenon <i>Philosophy of Education; Sociology of Education</i> 3+2=5 credits				Economic and legal aspects of PC and S 5 credits
Professional communication in foreign language 2+2=4 credits				
Acmeology in physical education 4 credits	Actual problems of psychological support of PC and S <i>Basics of psychological support of professional activity of athlete and coach</i> <i>Gender psychology in PE and S.</i> <i>Body-oriented directions of practical psychology</i> 8+1=9 credits			AP (by specialization / internship) 6 credits
Acmeology in physical education 4 credits				
Acmeology in physical education <i>Olympic and professional sport; Actual problems of development of modern sports</i> 4 credits				
Theory and technology of recreational and motor activity 4 credits	Psychology of health and healthy lifestyle <i>Psychology of health. Psychology of a healthy way of life.</i> 8 credits		AP (by specialization / internship) 6 credits	
	Management in the field of fitness services 4+1=5 credits			
	Modern health and fitness technologies <i>Fitness and teaching methods. Athletics and teaching methods. Fitness and teaching methods, Athletics and teaching methods, Aqua-fitness and training method. Basics of personal training. Nutrition and energizing means in physical culture and sports</i> 12 credits			
Pedagogy and Psychology of Higher School 5 credits	Methodology of teaching physical education courses at higher educational establishments 6 credits		OII (<i>assistant</i> / internship) 6 credits	
Pedagogy and Psychology of Higher School 4 credits	Applied technologies <i>Modern information and communication technologies in PC and S.</i> <i>Scientific and pedagogical research in PC and S.</i> 4 credits		Management and marketing of tourism and sports-mass activities 6 credits	
	Preparation of Master thesis on theoretical, methodological and pedagogical aspects of physical education and sport 4,5 credits		OA Defense of qualifying Master thesis 1,5 credits	
30 credits		34,5 credits		25,5 credits
CSG – 9 credits.	CSG/CP/CA – 58 credits.	ESS/EP. 1 – 23 credits.	ESS/EP. 2 – 23 credits.	ESS/EP. 3 – 23 credits.

III. Form of certification of applicants for higher education

Attestation of applicants for higher education for the program 017.00.01 "Physical education" of the second (master's) level of education in specialty 017 "Physical culture and sports" is conducted by the examination commission in accordance with the requirements. The examination commission may include representatives of employers and their associations, in accordance with the provisions of the Examination Commission, approved by the Academic Council of Borys Grinchenko Kyiv University. The term of the certification is defined by the curriculum and the schedule of the educational process.

The final certification of graduates from the specialty "Physical Culture and Sports" happens after the students fully complete the curriculum. The certification has the form of defense of qualifying master's paper on theoretical, methodological and pedagogical aspects of physical education and sport. The certification is open and public.

Successful graduates get a standard document of a Master's Degree with a major in Physical Culture and Sports.

IV. Matrix of competencies according to the program

Competecies' code	EC 1	EC 2	EC 3	EC 4	EC 5	EC 6	EC 7	EC 8	EC 9	EC 10	EC 11	EC 12	EC 13	EC 14	EC 15	ES 1.1	ES 1.2	ES 1.3	ES 2.1	ES 2.2	ES 2.3
GC 1	•		•						•		•										
GC 2	•				•																
GC 3		•		•			•		•		•	•	•		•				•		
GC 4				•																	
GC 5					•		•										•				
GC 6	•		•												•				•		
PC 1						•									•			•		•	
PC 2									•		•		•	•	•	•		•	•		•
PC 3				•				•		•	•	•	•			•		•		•	•
PC 4			•				•		•		•		•				•	•			
PC 5					•		•						•				•	•			•

V. Matrix of professional educational results according to the program

Program learning outcomes codes	EC 1	EC 2	EC 3	EC 4	EC 5	EC 6	EC 7	EC 8	EC 9	EC 10	EC 11	EC 12	EC 13	EC 14	EC 15	ES 1.1	ES 1.2	ES 1.3	ES 2.1	ES 2.2	ES 2.3
PLO 1	•				•																
PLO 2			•		•							•	•								
PLO 3			•	•							•					•		•	•		•
PLO 4		•																			
PLO 5								•				•						•			
PLO 6		•		•					•		•		•		•	•			•		
PLO 7			•								•	•	•								
PLO 8			•				•							•							
PLO 9						•															
PLO 10							•														
PLO 11								•													
PLO 12										•						•					
PLO 13					•								•					•	•		
PLO 14	•																				
PLO 15																			•		
PLO 16										•						•	•	•			
PLO 17																			•	•	•

The team leader updating the APP (guarantor of the APP)
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/ R.O. Sushko /