

BORYS GRINCHENKO KYIV UNIVERSITY

"APPROVED"

the decision of the Academic Council of
Borys Grinchenko Kyiv University
March 23, 2017, Minutes No. 3

ACADEMIC PROFESSIONAL PROGRAM

017.00.01 Physical Education

the first (bachelor's) degree of higher education

Branch of knowledge:	01 Education/Pedagogy
Specialty:	017 Physical Culture and Sports
Educational qualification:	Bachelor's degree in physical culture and sports

Launched on 01. 09 2017
(order from 26.05.2017 № 348)

Introduction

The Academic Professional Program was developed on the basis of the Law of Ukraine "On Higher Education" from July 01, 2015 No. 1556-VII according to the requirements of the Standard of higher education project for the first (Bachelor) level of specialty 017 "Physical Culture and Sports" plan.

Developed by a working group including:

T. Dyba, Candidate of Sciences in Physical Education and Sports, Associate Professor, Head of the Department of Physical Education and Sports Pedagogics, Faculty of Health, Physical Education and Sports, Boris Grinchenko Kyiv University;

U. Iskra, Candidate of Sciences in Physical Education and Sports, Associate Professor of the Department of Physical Education and Sports Pedagogics, Faculty of Health, Physical Education and Sports, Boris Grinchenko Kyiv University;

I. Leontieva, Head of Scientific and Methodological centre of standardization and quality of education.

Independent experts:

I. Medvedeva - Professor of the Department of Theory and Methodology of Physical Education of the Institute of Physical Education and Sports of the National Academy of Sciences of Ukraine in National Pedagogic Dragomanov University, Ph.D., Professor;

M. Shpyh – PE education teacher in Kyiv Secondary General School No. 11

The Educational Program has been introduced since 2017.

The term of the Educational Program is reviewed every four years.

Updated:

Revision Date of APP / amendments to APP			
Signature			
APP guarantor name			

I. Profile of the Academic Program

017 Physical Education and Sports

1 – General information	
Full name of the higher educational institution and the structural unit	Borys Grinchenko Kyiv University Faculty of Health, Physical Education and Sports
Level of the higher education and the qualification (in original language)	Level of the higher education: Bachelor’s degree Specialty: 017 Physical Education and Sports Educational Programme: 017.00.01- Physical Education Educational Qualification: Bachelor of Physical Culture and Sports Professional Qualification: 2320 – PE Teacher;/(3475 – Fitness coach; 3414 – Tourist Manager; Sport Activities Manager; 2320 –“Defense of Motherland” Teacher)
Official Program title	017.00.01 Physical Education
Type of diploma and volume of the Program	Bachelor’s degree, unitary, 240 ECTS credits term of study 3 years and 10 months
Availability of Accreditation	National Agency for Quality Assurance in Higher Education of Ukraine submission of the program for accreditation – 2021
Cycle/Level	National Qualifications Framework of Ukraine - 7th level, FQ-EHEA – the first cycle, EQF-LLL – 6th level
Prerequisites	Availability of a full secondary education
Language (s) of Teaching	Ukrainian
Validity of the Program	
Internet address of the program	http://kubg.edu.ua/informatsiya/vstypnikam/napryami-pidgotovki/bakalavr.html
2 – The Educational Program Objectives	
<p>To train a competent Physical Education specialist with a wide range of employment opportunities;</p> <p>To prepare Physical Education Teachers and provide students with advanced knowledge of a number of minor specializations (Tourist Manager, Sports Activities Manager, Fitness and Recreation Instructor, “Defense of Motherland” Teacher)</p>	
3– Characteristics of the Educational Program	
Subject area (branch of knowledge, specialty, specialization(if available))	<p>Objective: support people’s motor activity for their harmonious physical development and healthy lifestyle.</p> <p>Learning tasks (expected use of acquired competencies)– the formation of students’ ability to solve complex specialized problems and practical problems in the process of professional activity in the field of Physical Culture and Sports, which involves the application of relevant theories and methods characterized by complexity and uncertainty of the conditions.</p> <p>Theoretical content of the subject area (concepts, principles and their use for facts explanation and results forecasting): knowledge of the social and humanitarian, fundamental subjects in the amount necessary for the solution of professional applied and research tasks; general theories and modern concepts of physical culture and sports; knowledge of legislative acts and</p>

	<p>regulatory documents; knowledge of communication in the professional field, knowledge of the basics of business communication, the basics of professional foreign language, learning skills, education and socialization of the individual.</p> <p>Instruments and equipment (objects and devices that a student learns to apply and use): sports areas; sports equipment; scientific equipment, technical means of training.</p> <p>General and professional competencies and evaluative components' ratio: Compulsory part (180 credits, 75 %): subjects aimed at forming general competencies (28 credits), subjects aimed at forming special (professional, subject) competencies (107 credits); practices: 42 credits, attestation (3 credits). Elective part (60 credits, 25%).</p>
The Program data	Educational-professional (bachelor's) with a focus on the training of Physical Education teachers
The main focus of the Program and Specialization	Special education in the field of Physical Culture and Sports
Important features of the Program	The program provides the opportunity to receive elective minor specialization (sports and health tourism, organization of mass sports activities, fitness, defense of the Fatherland) in addition to the qualification "teacher of Physical Culture"
4 – Eligibility of graduates for employment and further education	
Employment Eligibility	<p>Jobs in school and health centers. According to the current legislation, specialists may take the following primary positions:</p> <ul style="list-style-type: none"> - teacher of Physical Culture in pre-school and school educational institutions; - senior laboratory assistant; - instructor of Physical Culture in physical culture centers, clubs; - teacher of physical training in military and other special units; - instructor and methodologist in Physical Culture and Tourism at enterprises and institutions, at the place of residence and in areas of mass recreation of the population; - assistant at higher educational establishments of III-IV level of accreditation; - posts of teaching and support staff in educational institutions; - specialist in the operation of sports facilities; - employees of state and public institutions who manage the development of physical culture and sports; - specialist-researcher in the field of physical education, sports and tourism, organizer (leader, instructor) of tourist work; - employee in sports and fitness clubs, recreational camps. <p>By the decision of examination committee, and on the professional mastery in special blocks of subjects and the curriculum performance, which is confirmed by the successful passing of attestation, a graduate receives professional qualification "teacher of Physical Culture", "organizer of tourist work", "organizer of sports mass work" "teacher of the Defense of the Fatherland".</p>
Further education	Possibility of obtaining education at the second (master's) level in the specialty 017 "Physical Culture and Sports" or other

	related specialties of the field of knowledge "Education / Pedagogy", as well as other interdisciplinary master's programs.
5 – Teaching methods and evaluation	
Teaching and education	Student-driven education, which involves strengthening of practical orientation, democratic principles of teaching, with an individual, pragmatic, creative approach. Pragmatic training, contextual learning, problematic technology teaching, interactive teaching methods, using elements of distance learning, project work, education, academic and training practices, course papers, bachelor`s paper.
Assessment	The University's internal quality assurance system continuously monitors the quality of educational services provided by the current and final assessment: written and oral examinations, tested credits, coursepapers, ongoing module tests, practice reports, tests, current control, graduation exam.
6 – Program competencies	
Integrated competency	Ability to solve complex specialized problems and practical problems in the field of Physical Culture and Sports, characterized by complexity and incomplete certainty of conditions.
General Competencies (GC)	<p>GC 1 World-view – the ability to understand the significance of personal development of historical experience and European values and preservation of the spiritual traditions of the Ukrainian people in the European cultural space. The ability to understand the benefits of a healthy lifestyle and acceptit as a personal value. Understanding the essence and social significance of the future profession.</p> <p>GC 2 Civil – the ability to realize the rights and responsibilities of a citizen of Ukraine. Ability to make conscious social choice and apply democratic decision-making technologies. Ability to respect the Ukrainian people, the state of Ukraine, its symbolism, culture, language.</p> <p>GC 3 Discipline of thinking (the ability to analyze and synthesis, the flexibility of thinking) - the ability to carry out critical analysis and comprehension of information, which determines the level of professional qualifications (in the broad sense, and more narrowly - in solving specific problems arising in the process of professional activity). Ability to think flexibly, openness to the application of the learned skills from the field of Physical Culture and Sports adapting them both to the specifics of a wide range of possible workplaces, and in everyday life.</p> <p>GC 4 Self-education - the ability to self-education in the format of "self-education throughout life", the ability to self-cognitive activity, self-organization and self-development. Ability to determine the actual directions of professional development and through self-study to master new areas. Ability to formulate conceptual provisions for effective professional self-presentation</p>

	<p>in the field of physical culture and sports</p> <p>GC 5 Communicative - the ability to interpersonal communication, emotional stability, mutual respect. Ability to effectively communicate verbally and in writing in Ukrainian and / or foreign languages with the correct use of professional terminology (presentation of complex information in a concise and understandable form for the target audience, using information and communication technologies as needed) to solve interaction problems in different situations.</p> <p>GC 6 Ability to collaborate in a team-ability to work within a group, under the leadership of a leader, interacting with colleagues / partners / students, and independently organizing intra-group interaction, tolerantly addressing possible social, ethnic, confessional and cultural differences, while maintaining the necessary discipline , planning goals and managing time.</p> <p>GC 7 Leadership - the ability to identify creative initiative, willingness to take responsibility for its implementation. Ability to update the leadership qualities in the team. The desire for personal and professional leadership and success. Ability to create an atmosphere in which all team members are motivated to professional growth.</p>
Professional competencies	<p>PC 1 Psychological-pedagogical - the ability to use different methods and techniques of teaching, upbringing and socialization of the individual, using the patterns of development and manifestation of psychological features of man in physical culture and recreational activities, as well as form motivational and value orientations of the individual. The ability to create and maintain a class of pupils with an atmosphere of transparent and equal relationships that promotes learning for everyone, regardless of social, cultural or economic background. Ability to promote positive social and personally significant qualities for pupils, such as: initiative, responsibility, organization, discipline, hard work, persistence, communicative, tolerance, ability to work in a team. The ability to use the spiritual values developed in the field of physical culture and sports for the formation of the pupils' need for self-improvement by means of physical culture, habits for a healthy lifestyle, prevention of deviant behavior, etc., and the desire to share with others.</p> <p>PC 2 Health Secure - knowledge and compliance with the classes of sanitary and hygienic norms, safety rules conducting classes, ensuring prevention of injuries. Ability to use the basics of medical knowledge while studying and performing professional types of work, and, if necessary, provide pre-care assistance to individuals in case of urgent conditions during their time or in connection with occupations. Ability to use basic knowledge of the theory and method of physical culture and sports rehabilitation (including persons with</p>

disabilities) during training and fulfillment of professional tasks.

PC 3

Physical-pedagogical - the ability to use a system of knowledge on the theory and methodology of physical education during training and professional tasks. Demonstrate understanding and ability to use in practice the knowledge of anatomical-morphological, physiological, biochemical, psychological peculiarities of the formation of adaptation of the human body to physical activity of different orientations; the impact of physical education on the state of students (taking into account their gender, age, level of physical fitness and other features), promoting their physical development and health promotion. To have knowledge about hygienic requirements for conducting classes in order to increase their efficiency; principles, means and methods of physical education; bases of training of motor actions and method of development of motor qualities of the student.

Ability to demonstrate knowledge of the techniques of movements, teaching methods and the peculiarities of organizing sports events in basic sports that provide mastery of vital motor skills (gymnastics, track and field athletics, swimming). Ability to conduct training sessions, using the means of basic sports, taking into account the characteristics of students and in accordance with the didactic principles, the provisions of the theory and methods of physical education and the requirements of educational standards. Ability to develop curricula of different directions of programs of classes and programs of specific classes in their composition. Make an objective assessment of the achievements of students in the process of passing physical education programs, regularly assessing their health and physical fitness.

PC 4

Management - the ability to organize activities and ensure the effective management of individual subjects in the field of physical culture and sports, to carry out entrepreneurial activities in the field of physical culture and sports, to effectively use sports facilities, special equipment and inventory.

PC 5

Research and analytical - the ability to carry out research activities in the field of physical education, namely, - the search for new information contained in various print and electronic sources, possess modern methods of scientific research, which are used in the field of physical education, if necessary, to design a scientific work; to organize and implement a scientific research, to adequately analyze its results, to formulate conclusions and to use them in practical work.

PC 6

Legal - knowledge and observance of legislative norms and rules that concern both the interaction between the subjects of the educational process in general, and directly, taking into account the specifics of its implementation in the field of physical culture and sports, while preparing classes and directly

during classes.

7 – Program Results

PR 1

Able to apply knowledge about the rights and obligations of a citizen of Ukraine. Able to defend and protect the interests of the Ukrainian state.

PR 2

Ability to communicate in Ukrainian in a professional environment, adhere to the ethics of business communication; to compile different types of documents, including one in a foreign language. Able to demonstrate general cultural erudition.

PR 3

Realisation of main administrative functions as a leader in a group, interacting with colleagues / partners / students, and organizing intragroup interaction on their own.

PR 4

Carrying out a general education process, to conduct study sessions with students of educational organizations and to evaluate their effectiveness; to organize and carry out extra-curricular sports and sports work.

PR 5

Capable of independent cognitive and analytical activity, self-organization and self-development. Graduate is able to make recommendations for introducing new or changing existing quality requirements for services in the field of physical culture and sports.

PR 6

The ability to possess elementary skills in the analysis of educational situations, to identify pedagogical problems and to choose the best model for professional behavior for this situation.

PR 7

Deliberate use of physical culture as a factor in the recovery of working capacity, ensuring active longevity, the formation of healthforming and health preserving behavior.

PR 8

Knowledge and ability to apply modern methods for determining and assessing the level of motor activity, health status, physical condition and physical fitness of persons (students) of different ages and sex.

PR 9

Applying knowledge about the principles of programming the physical education classes and the ability to program them for people of different ages, sex, and level of physical fitness.

PR 10

Applying knowledge of physical exercise techniques from various sports, training methods and the peculiarities of organizing sports events for basic sports that provide mastery of vital motor skills (gymnastics, athletics, swimming, sports games).

PR 11

Ability to independently conduct classes on physical education in the field of children's youth sports and athletes of mass discharges; is capable of conducting sporting competitions.

PR 12

The ability to form motivation for children and young people to take on different types of physical activity and sports; contributing to the education of students of positive social and personally significant qualities, such as: initiative, responsibility, organization, discipline, hard work, persistence, communicative, tolerance, ability to work in a team.

PR 13

Ability to assess the physical qualities and functional status of trainees, to adequately select the means and methods of motor activity.

PR 14

Knowledge of medical and biological and psychological foundations and technologies of training, as well as sanitary and hygienic bases of physical culture and sports activities.

PR 15

Ability to ensure compliance with the requirements of safety, sanitary and hygienic norms and regulations in the course of professional activity, to provide prevention of injuries, to be able to provide the first pre-medical assistance to the victim.

PR 16

Implementing basic knowledge and understanding of the main provisions of the theory of measurements and peculiarities of metrological control in the field of physical education, sport and human health; demonstrates the ability to conduct elementary scientific studies to determine the effectiveness of various aspects of physical culture and sports activities using proven techniques and can use the results of research in practice.

PR 17

Based on the skills to develop educational and methodological documentation, the ability to develop curricula and programs for specific classes, sports events, the provisions of the competition and use them to form the content of training.

PR 18

	<p>Capability to managing and marketing activities in the field of physical education and sports; to plan, clearly articulate goals, apply different techniques, technologies and practices of time management, which will facilitate the effective organization of time according to personal and professional needs.</p> <p>PR 19</p> <p>Understanding knowledge and keeping legislative norms and rules that relate to the interaction between the subjects of the educational process in general and directly during the organization of classes and directly in the classes, taking into account the specifics of its implementation in the field of physical culture and sports.</p>
8 – Resource support for the Program Implementation	
Staff support	<p>The Educational program staff consists of the teaching staff of the Department of Physical Education and Sport Pedagogy and the Department of Sports and Fitness of the Faculty of Health, Physical Education and Sports of the Boris Grinchenko Kyiv University. The practice-oriented nature of the educational program involves a broad participation of specialists-practitioners who meet program's direction, which enhances synergy between theoretical and practical training.</p> <p>The head of the project team and the teaching staff, which ensures its implementation, meets the requirements specified by the Licensing Conditions for conducting educational activities of educational institutions.</p>
Resources and technical support	<p>Specially equipped competence development centers, namely:</p> <ol style="list-style-type: none"> 1) pool (equipment for classes: swimming boards, dunks, fins, colabashes, water pipes, hydroglass, rubber, anti-fogging equipment) 2) gymnastic room (equipment for classes: rubber elasters, gymnastic sticks, gymnastic hoops, rope racks, wall with a horizontal bars, caramets, tatami, fitball balls, 3 kg medbole balls, 5 kg medbole balls, steppe platforms, equipment for hiking and sporting orienteering: carbines with manual steel couplings, carbines with manual duplex couplings, insurance systems, insurance triggers, block rollers, static and dynamic ropes, insurance hinges, compasses, tracking sticks) ; 3) gym (equipment for activities: exercise bikes, weight trainers, dumbbells, bars) 4) sports-games room (equipment for the classes: balls: football, volleyball, basketball, handball, soccer gates, basketball shields, volleyball net, tennis tables, tennis rackets and balls, badminton racquets and volleys.
Information and educational support	<p>Library electronic resources, electronic scientific editions, electronic training courses with the possibility of distance learning and independent work, teaching aids, video resources.</p>
9 – Academic mobility	
National credit mobility	-
International credit mobility	<p>The Regulations on the procedure of realization the right of participants of the educational process of the University academic mobility were put into effect by order dated September</p>

	30, 2016. Agreements were envisaged that stipulate student mobility with universities of European countries and within the framework of the Erasmus + CA1 program.
Foreign students education`	-

II. List of the Program components and its Logical Sequence

2.1. List of components

Component code	Code e/d	Components of the Programme (Subjects, course projects (papers), practice, qualification paper)	Amount of credits	Form of final control
1	2	3	4	5
Compulsory components EP				
CC 1	CSG.1	University studies <i>Student Orientation</i> <i>Servant leadership</i> <i>Introduction to the major</i>	4	Credit
CC 2	CSG.2	Ukrainian studies	6	Exam
CC 3	CSG.3	Philosophical studies	4	Exam
CC 4	CSG.4	Foreign Language	10	Exam, credit
CC 5	CSG.5	Modern ICT and Research Methods in the Field	4	Credit
CC 6	CSPK.01	Human Anatomy and Sport Morphology	6	Exam
CC 7	CSPK.02	Human Physiology and Motor Activity	8	Exam
CC 8	CSPK.03	Motor Activity Biochemistry	4	Credit
CC 9	CSPK.04	Kinesiology (biomechanics with elements of dynamic anatomy)	4	Credit
CC 10	CSPK.05	Medical and Biological Basis of Physical Education	5	Exam
CC 11	CSPK.06	First Aid	4	Exam
CC 12	CSPK.07	Hygiene of Physical Education	4	Credit
CC 13	CSPS.01	History of Physical Culture and Sports	4	Credit
CC 14	CSPS.02	Theory and Metodjlogy of Physical Education	14	Exam, credit, course work
CC 15	CSPS.03	Pedagogics	4	Exam
CC 16	CSPS.04	Psychology	4	Exam
CC 17	CSPS.05	Physical Education Psychology	4	Credit
CC 18	CSPS.06	Athletics and Methods of Teaching it	4	Exam, credit
CC 19	CSPS.07	Gymnastics and Methods of Teaching it	4	Exam, credit
CC 20	CSPS.08	Sport Games and Methods of Teaching it	8	Exam, credit
CC 21	CSPS.09	Swimming and Methods of Teaching it	4	Exam, credit
CC 22	CSPS.10	Adaptive Physical Education	4	Exam, credit
CC 23	CSPS.11	Methods of Teaching Therapeutical Physical Training in special medical groups	4	Exam, credit
CC 24	CSPS.12	Professional and Pedagogical Improvement	10	Exam, credit
CC 25	CSPS.13	Regulatory and legal support of the branch of Physical Culture and Sports	4	Credit
CC 26	CP.01	Educational practice (psychological and pedagogical)	6	Credit
CC 27	CP.02	Academic practice(pedagogical):	27	Credit

		<i>in a primary school</i> <i>in a secondary school</i> <i>in a high school</i>		
CC 28	CP.03	Academic practice	9	Credit
CC 29	CA.1	Complex Exam on the Theory and Methodology of Physical Education/Presentation of Diploma Paper	1,5	
CC 30	CA.2	Complex Exam on Pedagogy, Psychology and Teaching Methodology	1,5	
The total amount of compulsory components:			180 credits	
Elective components				
<i>Elective block 1</i>				
EC 1.1	ESC.1.01	Tourism and Tourism Work Methods	5	Credit
EC 1.2	ESC.1.02	Hiking Trip	6	Exam
EC 1.3	ESC.1.03	Orienteering	4	Exam
EC 1.4	ESC.1.04	Skiing	4	Exam
EC 1.5	ESC.1.05	Fundamentals of International Tourism Organization	4	Exam
EC 1.6	ESC.1.06	Fundamentals of Advertising and Marketing in Tourism Activities	4	Exam
EC 1.7	ESC.1.07	Recreational Tourism	4	Credit
EC 1.8	EP.1.	Academic practice	7,5	Credit
EC 1.9	EA1.	Complex Specialization Qualification Exam	1,5	
		Choice from the Subjects Catalog	20	
<i>Elective block 2</i>				
EC 2.1	ESC.2.01	Methods of Organization of Circular Work	4	Exam
EC 2.2	ESC.2.02	Mass Physical Culture	4	Credit
EC 2.3	ESC.2.03	Sports Facilities	4	Credit
EC 2.4	ESC.2.04	Sports Events Marketing and Management	6	Exam
EC 2.5	ESC.2.05	Recreational Games	4	Credit
EC 2.6	ESC.2.06	Sport and Mass Work in Foreign Countries	4	Exam
EC 2.7	ESC.2.07	Sports Event Organization and Refereeing Sports Competitions	5	Credit
EC 2.8	ESP.2.01	Academic practice	7,5	Credit
EC 2.9	EA1.	Complex Specialization Qualification Exam	1,5	
		Choice from the Subjects Catalog	20	
<i>Elective block 3</i>				
EC 3.1	ESC.3.01	Fitness Club Management and Marketing	6	Exam
EC 3.2	ESC.3.02	Modern Recreational and Fitness Technologies	4	Exam
EC 3.3	ESC.3.03	Aerobic Fitness Programmes	4	Credit
EC 3.4	ESC.3.04	Weight Training Fitness Programmes	4	Credit
EC 3.5	ESC.3.05	Mental and Functional Fitness	4	Credit
EC 3.6	ESC.3.06	Recreational Technologies	5	Credit
EC 3.7	ESC.3.07	Technologies and Types of "Sport for everyone"	4	Exam
EC 3.8	ESP.3.01	Academic practice	7,5	Credit
EC 3.9	EA1.	Complex Specialization Qualification Exam	1,5	
		Choice from the Subjects Catalog	20	
<i>Elective block 4</i>				

EC 4.1	ESC.4.01	Armed Forces of Ukraine on the defense of the Fatherland	4	Exam
EC 4.2	ESC.4.02	International and Humanitarian Law	4	Credit
EC 4.3	ESC.4.03	Topography and Modern Technologies in the Training of Servicemen	4	Exam
EC 4.4	ESC.4.04	Military Training Systems of Other Countries of the World	4	Credit
EC 4.5	ESC.4.05	The theory and methodology of teaching the subject "Defense of Motherland" (civil protection)	5	Credit
EC 4.6	ESC.4.06	Marching, Gun and Tactical Training	6	Exam
EC 4.7	ESC.4.07	Applied Physical Training and Self-Defense	4	Credit
EC 4.8	EP.4.01	Academic practice	7,5	Credit
EC 4.9	EA1.	Complex Specialization Qualification Exam	1,5	
		Choice from the Subjects Catalog	20	
Total amount of selective components:			60 credits	
TOTAL VOLUME OF EDUCATIONAL PROGRAM			240 credits	

1.1. Structure and sequence chart

Code e/d	Components of the Programme (Subjects, course projects (works), practice, qualification work)	Amount of credits	Distribution of class hours by courses and semesters								Form of final control
			1 course		2 course		3 course		4 course		
			1	2	3	4	5	6	7	8	
I. Compulsory part											
Educational Subjects											
Formation of general competencies											
CSG.1	University studies	4	4								Credit
	<i>Student Orientation</i>	1	*								
	<i>Servant leadership</i>	1	*								
	<i>Introduction to the major</i>	2	*								
CSG.2	Ukrainian studies	6	2	4							Exam
CSG.3	Philosophical studies	4					4				Exam
CSG.4	Foreign Language	10	5	5							Exam
CSG.5	Modern ICT and Research Methods in the Field	4		4							
Total		28	11	13			4				
Formation of special (professional, subject) competencies											
Formation of subject competencies											
CSPK.01	Human Anatomy and Sport Morphology	6	6								Exam
CSPK.02	Human Physiology and Motor Activity	8	3	5							Exam
CSPK.03	Motor Activity Biochemistry	4		4							Credit
CSPK.04	Kinesiology (biomechanics with elements of dynamic anatomy)	4			4						Credit

	Diploma Paper										
CA.2	Complex Exam on Pedagogy, Psychology and Teaching Methods	1,5									
Total		3									
In Total for Compulsory Part:		180 credits									
II. Elective part											
Specialization “Sport and Recreational Tourism”											
Educational subjects											
ESC.1.01	Tourism and Tourism Work Methods	5			5						Credit
ESC.1.02	Hiking Trip	6			6						Exam
ESC.1.03	Orienteering	4				4					Exam
ESC.1.04	Skiing	4					4				Exam
ESC.1.05	Fundamentals of International Tourism Organization	4					4				Exam
ESC.1.06	Fundamentals of Advertising and Marketing in Tourism Activities	4						4			Exam
ESC.1.07	Recreational Tourism	4							4		Credit
EP.1.	Academic practice	7,5							6	1,5	Credit
EA1.	Complex Specialization Qualification Exam	1,5								1,5	
	Choice from the Subjects Catalog	20									
Total for Elective part:		60 credits									
Specialization “Organization of Mass Sports Activities”											
Educational subjects											
ESC.2.01	Methods of Organization of Circular Work	4					4				Exam
ESC.2.02	Mass Physical Culture	4					4				Credit
ESC.2.03	Sports Facilities	4							4		Credit
ESC.2.04	Sports Events Marketing and Management	6			6						Exam
ESC.2.05	Recreational Games	4				4					Credit
ESC.2.06	Sport and Mass Work in Foreign Countries	4						4			Exam
ESC.2.07	Sports Event Organization and Refereeing Sports Competitions	5			5						Credit
ESP.2.01	Academic practice	7,5							6	1,5	Credit
EA1.	Complex Specialization Qualification Exam	1,5								1,5	
	Choice from the Subjects Catalog	20									
Total for Elective part:		60 credits									
Specialization “Fitness”											
Educational subjects											
ESC.3.01	Fitness Club Management and Marketing	6			6						Exam
ESC.3.02	Modern Recreational and	4					4				Exam

	Fitness Technologies										
ESC.3.03	Aerobic Fitness Programmes	4				4					Credit
ESC.3.04	Weight Training Fitness Programmes	4					4				Credit
ESC.3.05	Mental and Functional Fitness	4							4		Credit
ESC.3.06	Recreational Technologies	5			5						Credit
ESC.3.07	Technologies and Types of “Sport for everyone”	4						4			Exam
ESP.3.01	Academic practice	7,5							6	1,5	Credit
EA1.	Complex Specialization Qualification Exam	1,5								1,5	
	Choice from the Subjects Catalog	20									
Total for Elective part:		60 credits									
Specialization “Defense of Motherland” (civil protection)											
Educational subjects											
ESC.4.01	Armed Forces of Ukraine on the defense of the Fatherland	4			4						Exam
ESC.4.02	International and Humanitarian Law	4			4						Credit
ESC.4.03	Topography and Modern Technologies in the Training of Servicemen	4					4				Exam
ESC.4.04	Military Training Systems of Other Countries of the World	4							4		Credit
ESC.4.05	The theory and methodology of teaching the subject “Defense of Motherland” (civil protection)	5			3	2					Credit
ESC.4.06	Marching, Gun and Tactical Training	6					2	4			Exam
ESC.4.07	Applied Physical Training and Self-Defense	4				2	2				Credit
EP.4.01	Academic practice	7,5							6	1,5	Credit
EA1.	Complex Specialization Qualification Exam	1,5								1,5	
	Choice from the Subjects Catalog	20									
Total for Elective part:		60 credits									
CURRICULUM TOTAL:		240credits									

III. Certification of graduates

Academic Program graduates' attestation for 017 Physical Culture and Sports majoring in 017.00.01 Physical Education is held by an examination commission according to the requirements of the programme. The examination commission may include representatives of employers and their associations, in accordance with the provisions of the Examination Commission, approved by the Academic Council of the Borys Grinchenko Kyiv University.

Students who have fulfilled all the curriculum requirements are admitted for attestation. The attestation includes checking all knowledge, skills and other competences acquired by a student in the academic process. The term of the attestation is determined by the curriculum and the schedule of the educational process.

Student attestation is conducted in the form of a complex examination in the Theory and Methodology of Physical Education, Defense of Diploma Paper and a complex examination on Pedagogy, Psychology and Teaching Methodology. The Attestation leads to the bachelor's degree certified by standard document-sample to those who successfully completed the program and graduate with qualifications: the bachelor of Physical Culture and Sports; professional qualification: organizer of tourist work; organizer of sports-mass work; fitness trainer; Teacher of "Defense of the Fatherland", a teacher of Physical Culture. The certification is open and public.

IV. Matrix of competencies according to the Program

Marks of program competencies and educational components	CC 1	CC 2	CC 3	CC 4	CC 5	CC 6	CC 7	CC 8	CC 9	CC 10	CC 11	CC 12	CC 13	CC 14	CC 15	CC 16	CC 17	CC 18	CC 19	CC 20	CC 21	CC 22	CC 23	CC 24	CC 25	CC 26	CC 27	CC 28	CC 29	CC 30
GC 1	+	+	+										+													+	+	+	+	+
GC 2	+	+	+																							+	+	+	+	+
GC 3	+		+																							+	+	+	+	+
GC 4	+			+	+																			+		+	+	+	+	+
GC 5	+	+	+	+	+																					+	+	+	+	+
GC 6	+														+	+										+	+	+	+	+
GC 7																+	+									+	+	+	+	+
PC 1														+	+	+	+	+	+	+	+					+	+	+	+	+
PC 2						+	+	+		+	+	+		+									+				+	+	+	+
PC 3						+	+	+	+	+		+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+	+
PC 4														+				+	+	+	+				+		+	+	+	+
PC 5					+									+												+	+	+	+	+
PC 6														+											+		+	+	+	+

V. Matrix of competencies according to the Program (continued)

	EC 1.1	EC 1.2	EC 1.3	EC 1.4	EC 1.5	EC 1.6	EC 1.7	EC 1.8	EC 1.9	EC 2.1	EC 2.2	EC 2.3	EC 2.4	EC 2.5	EC 2.6	EC 2.7	EC 2.8	EC 2.9	EC 3.1	EC 3.2	EC 3.3	EC 3.4	EC 3.5	EC 3.6	EC 3.7	EC 3.8	EC 3.9	EC 4.1	EC 4.2	EC 4.3	EC 4.4	EC 4.5	EC 4.6	EC 4.7	EC 4.8	EC 4.9			
GC 1																												+											
GC 2																													+	+									
GC 3																																							
GC 4								+									+										+										+		
GC 5								+									+										+										+		
GC 6		+						+									+										+										+		
GC 7								+									+										+										+		
PC 1	+	+	+	+				+	+		+			+			+	+									+	+					+	+	+	+	+	+	
PC 2	+	+	+	+			+	+	+		+			+			+	+		+	+	+	+	+	+	+	+	+					+	+	+	+	+	+	
PC 3	+	+	+	+			+	+	+		+		+	+	+	+	+	+		+	+	+	+	+	+	+	+	+			+		+	+	+	+	+	+	
PC 4					+	+		+	+	+		+	+			+	+	+	+								+	+					+	+		+	+	+	+
PC 5								+	+								+	+									+	+			+	+					+	+	+
PC 6					+	+		+	+	+			+				+	+	+								+	+	+	+		+					+	+	+

V. Matrix of learning outcomes according to the Program

Marks of program competencies and educational components	CC 1	CC 2	CC 3	CC 4	CC 5	CC 6	CC 7	CC 8	CC 9	CC 10	CC 11	CC 12	CC 13	CC 14	CC 15	CC 16	CC 17	CC 18	CC 19	CC 20	CC 21	CC 22	CC 23	CC 24	CC 25	CC 26	CC 27	CC 28	CC 29	CC 30	
PR 1	+	+	+																						+						
PR 2		+	+	+																							+	+	+	+	+
PR 3	+		+													+											+	+	+	+	+
PR 4													+	+	+			+	+	+	+	+		+		+	+	+	+	+	
PR 5	+		+										+	+		+											+	+	+	+	+
PR 6															+												+	+	+	+	+
PR 7														+									+	+			+	+	+	+	+
PR 8					+									+													+	+	+	+	+
PR 9														+													+	+	+	+	+
PR 10																		+	+	+	+	+		+		+	+	+	+	+	
PR 11																		+	+	+	+					+	+	+	+	+	
PR 12														+		+	+									+	+	+	+	+	

Matrix of learning outcomes according to the Program (continued)

Marks of program competencies and educational components	CC 1	CC 2	CC 3	CC 4	CC 5	CC 6	CC 7	CC 8	CC 9	CC 10	CC 11	CC 12	CC 13	CC 14	CC 15	CC 16	CC 17	CC 18	CC 19	CC 20	CC 21	CC 22	CC 23	CC 24	CC 25	CC 26	CC 27	CC 28	CC 29	CC 30	
PR 13					+									+											+		+	+	+	+	+
PR 14						+	+	+		+	+	+					+										+	+	+	+	+
PR 15											+	+						+	+	+	+	+					+	+	+	+	+
PR 16					+				+					+													+	+	+	+	+
PR 17														+													+	+	+	+	+
PR 18																											+	+	+	+	+
PR 19																										+	+	+	+	+	+

Matrix of learning outcomes according to the Program (continued)

Marks of program competencies and educational components	EC 1.1	EC 1.2	EC 1.3	EC 1.4	EC 1.5	EC 1.6	EC 1.7	EC 1.8	EC 1.9	EC 2.1	EC 2.2	EC 2.3	EC 2.4	EC 2.5	EC 2.6	EC 2.7	EC 2.8	EC 2.9	EC 3.1	EC 3.2	EC 3.3	EC 3.4	EC 3.5	EC 3.6	EC 3.7	EC 3.8	EC 3.9	EC 4.1	EC 4.2	EC 4.3	EC 4.4	EC 4.5	EC 4.6	EC 4.7	EC 4.8	EC 4.9	
PR 13								+	+		+						+	+		+	+	+	+	+	+	+	+							+	+	+	
PR 14																																			+	+	+
PR 15		+		+				+	+																		+	+							+	+	
PR 16																											+	+									
PR 17								+	+	+							+	+	+		+	+	+	+	+	+	+	+					+		+	+	
PR 18					+	+		+	+	+		+	+		+	+	+	+	+								+	+									
PR 19													+				+	+									+	+		+					+	+	