

# **BORYS GRINCHENKO KYIV UNIVERSITY**

«CERTIFIED»

Decision of the Academic Council of  
Borys Grinchenko Kyiv University  
April 25, 2019, protocol № 4

Head of Academic Council, Rector  
Viktor O. Ogneviuk

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## **EDUCATIONAL AND PROFESSIONAL PROGRAM**

### **053.00.04 Consulting psychology**

**The first (bachelor's) level of higher education**

Field:	05 Social and behavioural sciences
Specialty:	053 Psychology
Qualification:	Bachelor of Psychology

Effective date 1.09 2019.  
(Order of April 25, 2019, № 295)

**CERTIFICATION LIST**  
**of educational and professional program**

Department of Practical Psychology

Protocol № 2, February 20, 2019

Head of Department \_\_\_\_\_ (Olha M. Lozova)

Academic Council of Institute of Human Sciences

Protocol № 3, March 26, 2019.

Head of Academic Council \_\_\_\_\_ (Nataliia A. Klishevych)

Scientific-methodical centre of standardization and education quality

Head \_\_\_\_\_ (Olha V. Leontieva)

\_\_\_\_.\_\_\_\_.2019.

Vice-rector on scientific-methodological and educational work

\_\_\_\_\_ (Oleksii B. Zhylytsov)

\_\_\_\_.\_\_\_\_.2019.

## PREFACE

The educational-professional program is developed on the basis of the standard of higher education in the specialty 053 "Psychology" for the first (bachelor's) level of higher education, approved by the Ministry of Education and Science of Ukraine (Order № 565, April 24, 2019).

### **Developed by a working group consisting of:**

- Olha M. Lozova, Doctor of Psychology, Professor, Head of Department of Practical Psychology;
- Anna V. Hafiatulina, PhD in Psychology, Senior Lecturer of Department of Practical Psychology;
- Tetiana V. Klibais, PhD in Psychology, Assistant Professor of Department of Practical Psychology;
- Olena L. Nahula, PhD in Psychology, Assistant Professor of Department of Practical Psychology.

### **External reviewers:**

Olha M. Kochubeinyk, Doctor of Psychology, Senior Researcher of Institute of Social and Political Psychology of NAPS of Ukraine;

Antonina M. Hrys, Doctor of Psychology, Professor, Head of Laboratory of Psychology of Socially Disadaptive Teens of H.S. Kostiuk Institute of Psychology of NAPS of Ukraine.

### **Reviews from representatives of professional associations / employers:**

Tetiana M. Hulievych, Director of Centre of Practical Psychology of Desnianskyi District Education Department of Kyiv.

### **The educational program has been implemented since 2019.**

The term for viewing the educational program once every 4 years.

### **Actualized:**

Date of revision EP / EP amending			
Signature			
EP guarantor's name			

## I. Profile of educational program

Specialty 053 «Psychology»

Specialization 053.00.04 Consulting psychology

<b>1 – General information</b>	
Full name of higher educational institution and structural unit	Borys Grinchenko Kyiv University Institute of Human Sciences
The degree of higher education and qualification title	Higher education degree: bachelor Specialty: 053 Psychology Optional specialization: Personal consulting of crisis states Training program: 053.00.04 Consulting psychology Qualification: Bachelor of Psychology
Official name of the educational program	053.00.04 Consulting psychology
Diploma's type and scope of the educational program	Bachelor's degree, unitary, 240 ECTS credits, term of training - 3 years 10 months
Availability of accreditation	Application deadline for accreditation – 2023 p.
Cycle / Level	National Qualifications Framework of Ukraine - 7th level, FQ-EHEA - first cycle, EQF-LLL - 6th level
Background	Having completed secondary education
Language (s) of teaching	Ukrainian
The validity of the educational program	4 years
Internet address of the permanent description of the educational program	<a href="http://kubg.edu.ua/informatsiya/vstupnikam/napryami-pidgotovki/magistr.html">http://kubg.edu.ua/informatsiya/vstupnikam/napryami-pidgotovki/magistr.html</a>
<b>2 – The purpose of the educational program</b>	
Prepare competent competent specialist in the field of practical psychology, able to provide qualified psychological assistance to individuals, organizations, and individual groups of the population.	
<b>3 – Characteristics of the educational program</b>	
Subject area	05 Social and behavioural sciences

(branch of knowledge, specialty, specialization (if any))	053 Psychology
Orientation of the educational program	Educational-professional, aimed at forming of the subjects of higher education of subject competencies of psychodiagnostic, advisory and correctional content
The main focus of the educational program and specialization	General education in consulting psychology. The main focus is the formation of a professional identity of a psychologist-counselor. Providing conditions for the training of specialists in the field of psychological counseling. Key words: psychologist-counselor, psychological counseling, counseling psychology, psychocorrection.
Features of the program	Training in centers of practical training; training based on a research basis; Teaching individual modules in a foreign language.
<b>4 – Suitability of graduates for employment and further training</b>	
Suitability for employment	Pre-school educational establishments; general educational institutions; non-governmental organizations; centers of psychological counseling; centers of social and psychological rehabilitation. According to the National Classification of professions DK 003: 2010 specialists who have received education in an educational program 053.00.02 Practical psychology may occupy the following primary positions: 2340 - consultant of psychological, medical and pedagogical consultation; 2445 - psychologist; 2445 - practical psychologist.
Further training	Ability to continue education on the second (master's) level of higher education. Acquiring additional qualifications in the system of postgraduate education.
<b>5 – Teaching and evaluation</b>	
Teaching and learning	Student-centered learning, practice-oriented learning. Forms of organization of educational process: classroom (lectures, laboratory, practical, seminars), extra-curriculum (individual, consulting, writing and defense of term papers / projects, practice, research work), distance learning sessions, independent work. Methods of teaching: problem-searching, dialogical, interactive.
Evaluation	The overall assessment is based on the results of the interim and final controls in the form of examinations, credits, protection of creative projects in accordance with the internal system of quality assurance of education.
<b>6 – Program competencies</b>	
Integral	Ability to solve complex specialized problems and practical problems in the field of psychology, consulting psychology, which

	<p>involves the application of psychological theories and methods, and characterized by complexity and uncertainty of professional conditions; owning the technology of psychological counseling in order to provide qualified assistance to the client.</p>
<p>General Competencies (GC)</p>	<p>SC 1. Ability to operate categorically-conceptual apparatus of psychology.</p> <p>SC 2. Ability to retrospective analysis of national and foreign experience of understanding the nature of the emergence, functioning and development of psychic phenomena.</p> <p>SC 3. Ability to understand the nature of behavior, activities and actions.</p> <p>SC 4. Ability to independently collect and critically analyze and generalize psychological information from various sources.</p> <p>SC 5. Ability to use valid and reliable psychodiagnostic tools.</p> <p>SC 6. Ability to independently plan, organize and carry out psychological research.</p> <p>SC 7. Ability to analyze and systematize the obtained results, to formulate reasoned conclusions and recommendations.</p> <p>SC 8. Ability to organize and provide psychological assistance (individual and group).</p> <p>SC 9. Ability to carry out educational and psychoprophylaxis activity according to the request.</p> <p>SC 11. Ability to adhere to the rules of professional ethics.</p> <p>SC 12. Ability to personal and professional self-improvement, training and self-development.</p> <p>SC13. Ability to effective interpersonal communication, empathy hearing, emotional stability, tolerance.</p> <p>SC 14. Ability to explain the causes of psychological problems and find ways to resolve them</p> <p>SC 15. Ability to promote the integral development of personality, its self-improvement and self-realization</p> <p>SC 16. Ability to implement in family counseling and psycho-correction work various techniques, techniques and technology of practical work with a client / group.</p> <p>SC 17. Ability to implement in a psycho-corrective activity various methodological approaches, methods and procedures, basic psychotherapeutic concepts and separate psychotechnologies.</p>

<p>Special (professional, subject) competencies (SC)</p>	<p>SC 1. Ability to operate categorically-conceptual apparatus of psychology.</p> <p>SC 2. Ability to retrospective analysis of national and foreign experience of understanding the nature of the emergence, functioning and development of psychic phenomena.</p> <p>SC 3. Ability to understand the nature of behavior, activities and actions.</p> <p>SC 4. Ability to independently collect and critically analyze and generalize psychological information from various sources.</p> <p>SC 5. Ability to use valid and reliable psychodiagnostic tools.</p> <p>SC 6. Ability to independently plan, organize and carry out psychological research.</p> <p>SC 7. Ability to analyze and systematize the obtained results, to formulate reasoned conclusions and recommendations.</p> <p>SC 8. Ability to organize and provide psychological assistance (individual and group).</p> <p>SC 9. Ability to carry out educational and psychoprophylaxis activity according to the request.</p> <p>SC 10. Ability to adhere to the rules of professional ethics.</p> <p>SC 11. Ability to personal and professional self-improvement, training and self-development</p> <p>SC 12. Ability to implement psychological counseling taking into account the specificity of the request and the individual characteristics of the client.</p> <p>SC 13. Ability to apply technology to provide psychological assistance to clients in crisis situations.</p>
<p><b>7 – Program learning outcomes</b></p>	
	<p>PLO 1. To analyze and explain mental phenomena, identify psychological problems and suggest ways to solve them.</p> <p>PLO 2. To understand the patterns and features of the development and functioning of mental phenomena in the context of professional tasks.</p> <p>PLO 3. To search for information from various sources, including using information and communication technologies to solve professional problems.</p> <p>PLO 4. To substantiate their own position, to make independent conclusions on the results of their own research and analysis of literary sources.</p> <p>PLO 5. To select and apply valid and reliable psychodiagnostic tools (tests, questionnaires, projective methods, etc.) of psychological research and technology of psychological help.</p> <p>PLO 6. To formulate the purpose, the task of research, to master the skills of collecting the original material, to follow the research procedure.</p> <p>PLO 7. To reflect and critically evaluate the validity of the results of the psychological research, formulate reasoned conclusions.</p>

	<p>PLO 8. To present the results of own research orally / in writing for professionals and non-specialists.</p> <p>PLO 9. To offer own ways to solve psychological problems and problems in the process of professional activity, to accept and argue own decisions on their solution.</p> <p>PLO 10. To formulate opinion logically, accessible, discuss, defend own position, modify the statements in accordance with the cultural characteristics of the interlocutor.</p> <p>PLO 11. To formulate and implement the advisory process plan taking into account the specificity of the request and the individual characteristics of the client, to ensure the effectiveness of their own actions.</p> <p>PLO 12. To formulate and implement a program of psychoprophylaxis and educational actions, measures of psychological help in the form of lectures, conversations, round tables, games, trainings, etc., in accordance with the requirements of the customer.</p> <p>PLO 13. To interact, to engage in communication, to be clear, tolerant to people with other cultural or gender-age differences.</p> <p>PLO 14. Effectively perform various roles in the team in the process of solving professional problems, including demonstrating leadership qualities.</p> <p>PLO 15. To be responsible to professional self-improvement, training and self-development.</p> <p>PLO 16. Know, understand and adhere to the ethical principles of professional activity of a psychologist.</p> <p>PLO 17. To demonstrate socially responsible and conscious behavior, follow humanistic and democratic values in professional and civic activities.</p> <p>PLO 18. To take effective measures to maintain health (your own and the environment) and, if necessary, determine the content of the supervisory request</p> <p>PLO 19. Diagnose crisis states of personality and provide psychological help in crisis situations.</p>
<b>8 – Resource support for the implementation of the program</b>	
Staffing	<p>The staffing of the educational program consists of the teaching staff of the Department of General, Age and Pedagogical Psychology, Department of Practical Psychology of the Institute of Human Sciences. The practice-oriented nature of the educational program involves the broad participation of practitioners who correspond to the direction of the program to enhance the synergy of theoretical and practical training.</p> <p>The head of the project team and the teaching staff that ensures its implementation complies with the requirements defined by the Licensing Conditions for conducting educational activities of educational institutions.</p>



Material and technical support	Classrooms, which are equipped with multimedia (SMART-boards, projectors, computers), training room, the center of practical training.
Information, teaching and methodological support	The educational process is organized taking into account the development and possibilities of the most modern innovative teaching technologies and is oriented towards the formation of highly educated, competitive, harmoniously developed personality capable of qualitative learning and constant updating of scientific and practical knowledge and includes: <ul style="list-style-type: none"> <li>- Educational literature (textbooks, manuals, monographs, collections of articles) available at the Library of the University and the Library of Institute of Human Sciences.</li> <li>- Electronic training courses (E-learning).</li> </ul>
<b>9 – Academic mobility</b>	
National Credit Mobility	-
International Credit Mobility	-
Education of foreign applicants of education	-

## The list of components of the educational-professional program and their logical consistency

### 2.1. List of components of EP

Component code	Code	Components of the educational program (academic disciplines, course projects (work), practice, qualification work)	Credits	Form of final control
1	2	3	4	5
<b>Required components of EP</b>				
RC 1	EDG.01	University studios	4	Credit
RC 2	EDG.02	Ukrainian studios	6	Exam
RC 3	EDG.03	Philosophical studios	6	Exam
RC 4	EDG.04	Foreign language	10	Exam
RC 5	EDG.05	Information and communication technologies in psychology	4	Exam
RC 6	EDG.06	Physical training	4	Credit
RC 7	EDP.01	Psychophysiology of a person with the basics of genetics	4	Credit
RC 8	EDP.02	History of psychology	4	Credit
RC 9	EDP.03	General psychology with a workshop	10	Exam
RC 10	EDP.04	Psychology of personality	6	Exam
RC 11	EDP.05	Psychology of development	6	Exam
RC 12	EDP.06	Social psychology	4	Credit
RC 13	EDP.07	Training of personal development	4	Credit
RC 14	EDP.08	Psychology of communication and training of communicative skills	4	Credit
RC 15	EDP.09	Psychological service in the education system	4	Credit
RC 16	EDP.10	Experimental psychology	4	Exam
RC 17	EDP.11	Differential psychology	4	Exam
RC 18	EDP.12	Psychological counseling	5	Exam
RC 19	EDP.13	Professional development consultant training	4	Credit
RC 20	EDP.14	Techniques of counseling	4	Credit
RC 21	EDP.15	Mathematical methods in psychology	4	Exam
RC 22	EDP.16	Psychodiagnostics	5	Exam
RC 23	EDP.17	Psychocorrection	5	Exam
RC 24	EDP.18	Basics of psychotherapy	5	Exam
RC 25	EDP.19	Linguistic aspects of psychological counseling	4	Exam
RC 26	EDP.20	Propedeutics of psychiatry	4	Credit

RC 27	EDP.21	Workshop on psychological counseling	4	Credit
RC 28	P.1	Practice educational (psychodiagnostic)	3	Credit
RC 29	P.2	Practical training: diagnostic consulting correctional corrective-developing	37,5	Credit
RC 30	EA.1	Preparation and defense of qualification work	6	Exam
RC 31	EA.2	Certifying exam	1,5	Exam
<b>The total volume of required components</b>			<b>180</b>	
<b>Optional EP components</b>				
OC 01	ODS 1.01	Psychology of crisis states	4	Exam
OC 02	ODS 1.02	Course paper	1	Course paper
OC 03	ODS 1.02	Forms and methods of working with clients in crisis situations	4	Credit
OC 04	ODS 1.03	First psychological help in crisis states	4	Credit
OC 05	ODS 1.04	Conflictology and conflict resolution training	4	Credit
OC 06	ODS 1.05	Counseling relationship problems	4	Exam
OC 07	ODS 1.06	Psychological counseling of LGBT communities	4	Credit
OC 08	ODS 1.07	Self-help methods in crisis situations	4	Credit
OC 09	ODS 1.08	Sharp children reaction to injury	4	Exam
OC 10	ODS 1.09	Rehabilitation psychology	4	Exam
OC 11	ODS 1.10	Crisis phone counseling	4	Credit
OC 12	OP. 1.01	Training practice in specialization	9	Credit
<b>The total volume of optional components:</b>			<b>60</b>	
<b>THE TOTAL VOLUME OF EDUCATIONAL PROGRAM</b>			<b>240</b>	

## 2.2 Структурно-логічна схема ОП

1 semester	2 semester	3 semester	4 semester	5 semester	6 semester	7 semester	8 semester	
Formation of general competencies								
University studios		Information and communication technologies in psychology	Philosophical studios					
Ukrainian studios								
Foreign language								
Physical training								
Formation of professional competencies								
Psychophysiology of a person with the basics of genetics	Psychology of personality	Training of personal development	Techniques of counseling	Psychodiagnosics	Psychocorrectio	Workshop on psychological counseling	Practical training (consulting)	
	Psychology of communication and training of communicative skills		Professional development consultant training		Linguistic aspects of psychological counseling	Rehabilitation psychology	Practical training (corrective, corrective-developing)	
History of psychology	Psychology of development	Basics of consulting psychology		Basics of psychotherapy	Propedeutics of psychiatry	Crisis phone counseling		
General psychology with a workshop	Social psychology	Differential psychology	<b>Optional:</b> Psychology of crisis states	Mathematical methods in psychology	<b>Optional:</b> Self-help methods in crisis situations	Practical training (consulting)	Preparation and defense of qualification work Certifying exam	
			<b>Optional:</b> First psychological help in crisis states	<b>Optional:</b> Course paper	<b>Optional:</b> Sharp children reaction to injury			
			<b>Optional i:</b> Forms and methods of working with clients in crisis situations	<b>Optional:</b> Conflictology and conflict resolution training				
			Practice educational (psychodiagnostic)	<b>Optional:</b> Counseling relationship problems	<b>Optional:</b> Psychological counseling of LGBT			
				Practical training (diagnostic)	Training practice in specialization			

### **III. Form of certification of applicants for higher education**

Certification of graduates of educational program 053.00.04 Consulting psychology on the specialty 053 Psychology is carried out in the form of protection of qualification work and certifying examination, and ends with the issuance of a state diploma award for awarding them a bachelor's degree with the award of a qualification "Bachelor of Psychology".

#### IV. Matrix of compliance of program competencies to the components of the educational program

	GC 1	GC 2	GC 3	GC 4	GC 5	GC 6	GC 7	GC 8	GC 9	GC 10	GC 11	SC 1	SC 2	SC 3	SC 4	SC 5	SC 6	SC 7	SC 8	SC 9	SC 10	SC 11	SC 12	SC 13
RC 1	+	+	+	+	+	+	+	+	+	+	+										+	+		
RC 2			+	+	+					+	+												+	
RC 3			+	+	+	+	+			+	+													
RC 4	+		+	+				+															+	
RC 5	+		+	+																			+	
RC 6	+								+		+												+	
RC 7	+	+		+								+	+	+	+								+	
RC 8		+	+	+								+	+		+									
RC 9	+	+	+	+		+						+	+	+	+	+								
RC 10	+	+	+	+							+	+	+	+	+								+	
RC 11	+	+	+	+							+	+	+	+	+								+	
RC 12	+	+	+	+	+					+	+	+	+	+	+								+	
RC 13	+	+	+	+	+	+	+	+	+	+		+						+				+	+	
RC 14	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+							+	+	
RC 15	+	+	+	+	+	+	+	+		+	+	+		+	+			+	+	+	+	+	+	+
RC 16		+	+	+							+	+	+	+	+		+	+				+	+	
RC 17	+	+	+	+	+					+	+	+	+	+	+							+	+	
RC 18	+	+	+	+								+	+	+	+				+	+	+	+	+	
RC 19	+	+	+	+	+	+	+	+	+	+	+	+		+	+							+	+	
RC 20	+	+	+	+	+	+	+	+				+		+	+				+	+	+	+	+	+
RC 21	+	+	+	+								+			+		+	+						
RC 22	+	+	+	+	+	+						+	+		+	+	+	+				+	+	
RC 23	+	+	+	+	+	+		+			+	+	+	+	+				+			+	+	+
RC 24	+	+	+	+	+	+	+	+		+	+	+	+	+	+			+	+			+	+	+

RC 25	+	+	+	+	+	+		+				+	+		+				+		+	+	+	
RC 26	+	+	+	+	+	+		+	+	+	+	+	+	+	+	+		+		+	+	+	+	
RC 27	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+	+	+	+	
RC 28	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+		+	+	+		
RC 29	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
RC 30	+	+	+	+	+	+	+					+	+	+	+	+	+	+				+		
RC 31	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
OC 01	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+		+	+		+	
OC 02	+	+	+	+	+	+	+					+	+		+	+	+	+				+		
OC 03	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+	+	+	+	+	
OC 04	+	+	+	+	+	+	+	+	+	+	+	+		+	+				+	+	+	+	+	+
OC 05	+	+	+	+	+	+	+	+	+	+	+	+	+	+					+	+	+	+		
OC 06	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+	+	+	+	+	
OC 07	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+		+	+		
OC 08	+	+	+	+	+	+	+		+	+	+	+	+	+				+	+	+	+	+		+
OC 09	+	+	+	+	+	+	+	+				+	+	+	+				+		+	+	+	+
OC 10	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+	+	+	+	+	+
OC 11	+	+	+	+	+	+	+	+	+	+	+	+	+	+			+	+	+	+	+	+	+	+
OC 12	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+

**V. Matrix of providing programmatic learning outcomes for relevant educational program components**

	PLO-1	PLO-2	PLO-3	PLO-4	PLO-5	PLO-6	PLO-7	PLO-8	PLO-9	PLO-10	PLO-11	PLO-12	PLO-13	PLO-14	PLO-15	PLO-16	PLO-17	PLO-18	PLO-19
RC 1			+							+			+		+		+		
RC 2															+		+		
RC 3				+											+		+		
RC 4			+					+							+				
RC 5			+												+				

RC 6																+		+	+	
RC 7	+	+														+				
RC 8		+	+	+												+				
RC 9	+	+	+	+	+	+	+	+									+			
RC 10	+	+	+	+			+			+			+			+		+		
RC 11	+	+	+	+			+			+			+			+		+		
RC 12	+	+	+	+			+			+			+			+		+		
RC 13	+	+	+	+					+	+			+	+		+	+	+	+	
RC 14	+	+	+	+					+	+			+	+		+	+			
RC 15	+	+	+	+			+		+	+	+	+	+			+	+	+	+	
RC 16	+	+	+	+		+	+	+	+	+						+				
RC 17	+	+	+	+				+		+			+			+				
RC 18	+	+	+							+	+		+			+				
RC 19										+			+	+		+	+	+	+	
RC 20	+		+								+		+			+	+			
RC 21			+			+		+								+				
RC 22	+	+	+	+	+	+		+												
RC 23	+	+	+	+					+	+		+	+			+	+		+	+
RC 24	+	+	+	+			+		+	+			+						+	
RC 25			+				+	+		+			+			+	+	+		
RC 26	+	+	+				+			+			+			+	+	+	+	+
RC 27	+	+							+	+	+	+	+			+	+	+		
RC 28	+	+	+	+	+	+	+	+		+			+	+		+	+	+		
RC 29	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
RC 30	+	+	+	+	+	+	+	+								+				
RC 31	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+
OC 1	+	+	+							+	+		+	+		+	+		+	+
OC 2	+	+	+	+	+	+	+	+												
OC 3	+	+	+							+	+		+	+		+	+		+	+
OC 4	+	+	+							+	+		+	+		+	+		+	+



OC 5	+	+	+	+					+	+			+	+	+		+		
OC 6	+	+	+	+			+		+	+	+	+	+		+	+	+	+	
OC 7	+	+	+	+			+		+	+	+	+	+		+	+	+	+	
OC 8	+	+	+						+	+		+	+		+	+		+	+
OC 9	+	+	+	+					+	+		+			+	+		+	
OC 10	+	+	+						+	+		+	+		+	+		+	+
OC 11	+	+	+	+					+	+	+	+	+		+	+	+		+
OC 12	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+	+